FIRST MEETING CONVERSATION TEMPLATE

Getting to Know Each Other

Mentor Name:

_____

Mentee Name:

_____

Date:_____

1. Introduction

Tell me more about yourself.

- Where do you live?
- What is your current situation (work, studies, family, business)?
- What are three things that are important to you right now?

2. Motivation

What motivated you to join the EmpowerHer programme?

Getting to Know Each Other (continued)

3. Strengths and Interests

What do you think are your strongest skills?

What activities do you enjoy most?

4. Dreams and Aspirations

If everything went well over the next year, what would you like to achieve?

5. Building Connection

Find three things that mentor and mentee have in common:

6. Reflection

After today's conversation, what is one thing you learned about each other?

Mentor:

Mentee: